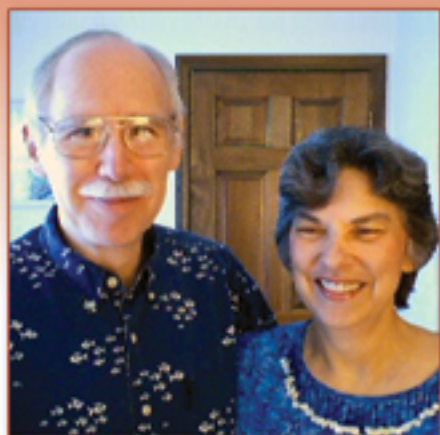


# *Giving* THE GIFT



OF  
HOPE

## *Greatest Need*

### **Sponsor a Participant's Journey \$3500**

It costs over \$3500 a year, for a new participant resource bag, a monthly Cooking for Wellness class, a weekly support group, six educational Frankly Speaking programs, quarterly workshops, resource materials and special monthly programming.

### **Greatest Need at the Cancer Support Community \$1000**

### **Greatest need at the Cancer Support Community \$500**

## *For Every Patient diagnosed with Cancer there is a Caregiver*

Sponsor a weekly support group for one year to help sustain a caregiver's journey to enhance health and wellness for themselves and their loved ones, through and beyond their cancer experience. **\$2500**

*"The Cancer Support Community, participants, facilitators, and staff were so encouraging and gave us hope for the first time since I was diagnosed."*

**Rick and Trish Fisher, participants**

PLEASE SHARE MY GIFTS WITH  
A PARTICIPANT OF THE



Enclosed is my gift of:

- Participant for a Year (\$3500)
- Caregiver Support (\$2500)
- Greatest Need CSC (\$1000)
- Greatest Need CSC (\$500)
- Grounds for Wellness (\$500)
- Clean Plate, Full of Hope (\$500)
- Yoga for a Year (\$480)
- Family & Children's Cooking (\$250)
- Children's Expressive Art Supplies (\$50)
- Grounds for Wellness (\$45)
- Yoga for a Month (\$40)
- Children's Cancer Resource Books (\$25)

Upon receiving your order form and payment a specialized gift certificate will be sent to you via email. All orders must be received by December 23, 2010 to receive a gift certificate.

Gift Recipient's Name: \_\_\_\_\_

Additional Gifts: \_\_\_\_\_

Check #: \_\_\_\_\_

(payable to The Cancer Support Community)

Please charge my:

MC  Discover  Visa  AmEx

Card #: \_\_\_\_\_

Name on Card \_\_\_\_\_

Exp. Date: \_\_\_\_\_ Amount \$: \_\_\_\_\_

Signature: \_\_\_\_\_

*My first day at The Cancer Support Community,*  
(formerly The Wellness Community)

I tiptoed timidly into a world I'd not known existed—  
a world where people with cancer — or survivors —  
or caregivers — go and are nurtured and supported  
and taught, *a world where cancer patients,  
survivors, and caregivers are truly loved.*

Becky Stamm, participant

*Cause-Marketing  
Grounds for  
Wellness Coffee*



**A great cup of coffee for a great cause...** Remember the coffee lover in your life or just simply enjoy a great cup of coffee!

**Gift Box:** Grounds for Wellness: House Blend, Dark Roast, Decaf Coffee (2+lbs.) Organic/Fair Trade Gift wrapping and shipping included. (Order by 12/15/10 to ensure holiday delivery).

**\$45**

**Corporate Coffee Package**  
**Grounds for Wellness:** 18-coffee packs. Be your office hero! Choose one blend from three distinct roasts: House Blend, Dark Roast or Decaf – all Organic/Fair Trade. This coffee package includes monthly delivery and shipping charges.

**\$500**

*For the family...*

**Support the Family and Children's Library and Resource Center.**

**\$25**

A children's cancer resource book costs an average of \$5. Sponsor 5 new books for our community Children's Resource Library.

**Helping Children Manage Their Process of Grief.**

**\$50**

Help us provide art therapy tools, supplies and books for the Expressive Arts Creative Family Connections program at the Cancer Support Community facility and the West Side, Central Hilltop community.

**The magic of the family meal provides the richest conversations along with healthier and happier meals.** Sponsor one month's Family and Children's Cooking Class Meal. (16 participants)

**\$250**



## *Healthy Living: Cooking for Wellness*

**Help us fill families with hope and healthier meals.** Join the Clean Plate, Full of Hope Dinner Club. Each member will have a plate displayed with their name in the Wellness Kitchen recognizing their support and dedication to the families at the Cancer Support Community. *\$500*

Our mission: To ensure that all people affected by cancer are empowered by knowledge, strengthened by action, and sustained by community.



CENTRAL OHIO

[www.cancersupportohio.org](http://www.cancersupportohio.org)  
614-791-9510

The Cancer Support Community of Central Ohio is a 501(c)3 nonprofit organization, Federal Tax ID# 20-1388385.

## *Healthy Lifestyle: Exercise & Stress Management*



**Yoga:** Practicing yoga has been found to combat feelings of fatigue experienced during treatment, relieve chronic pain, reduce anxiety, stress, and cortisol levels and have beneficial effects on the immune system.

You can support a participant's road to a healthier and stronger experience.

**Sponsor a year of yoga for a participant**

*\$480*

**Sponsor a month of yoga for a participant**

*\$40*